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MAY 2011



SAVANNA'S RIVER CITY READER

A joint publication of Big Meadows and Pinnacle Place

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COMMUNITY
 PREPAREDNESS
 +
 COMMUNITY
 PREPAREDNESS



This theme for community coffee in April was Easter Bonnets. The residents made their own bonnet/hat April 6 during Arts and Crafts time. Prior to the doughnuts being served an Easter Bonnet parade took place. Everyone voted through applause for the one they felt was the prettiest, with Bernadine Reibel as the winner. Pictured above left to right are Jackie Walker, Dennis Rose, Mary Tuscan and Bernadine Reibel.

Emergency Preparedness

Pinnacle Place takes pride in keeping tenants, staff and visitors safe. With all the natural disasters that affect the safety of our country, loved ones and our area we want others to know that Pinnacle Place has Emergency Plans in place. Not only do we have plans, but we review and practice them. We also share them with Savannah and Carroll County Emergency Personnel so they are also aware of our plans and ready to help should the need arise. Like many, we hope to never have to put them to use, but we are ready. Do you have a disaster plan? This is something everyone should think about and review as our needs & abilities change.



Reminders:

* **Mother's Day Banquet**
 RSVP

* **Hot Dog Hurrah**

* **Money in residents**
accounts for ice cream



April 5, Big Meadows held a Spring Brunch for those 65 and older. We had a good turnout, great food, a beautiful display, and fun entertainment. Staff provided egg casseroles, cheesy hash browns, fruit, mini cinnamon rolls, coffee cake, and lemon dessert. Michelle Boyer, MDS Coordinator, and Lisa Mussmann, Dietary Manager, set up the display in the first picture. The residents really enjoyed the entertainment during their meal. Lisa & Michelle asked some spring riddles, told some jokes and talked about baseball & gardening. Pictures: top middle and right is some of the food provided, middle left is one of the tables of residents and members from the community, middle right is Inez Barr, Irene Hebler and Mary Tuscan enjoying the brunch, and the bottom right is Gary Stephens, maintenance, and his in-laws.

Youth Group Visits

On April 13 the YAC from Immaculate Conception Church in Fulton visited the residents. During their visit they played bunny races where residents rolled the big dice to see how far each bunny would go and bet on who would win. Following the activity cake was served to honor Jeremy and Courtney Gaul who will be graduating from Fulton High School in May. Courtney is also an aide here at Big Meadows. The group then passed out colored Easter egg pictures and a treat to each resident and presented a centerpiece that was made by the kindergarten Sunday school class. The YAC group will be visiting again in the fall.



Young Adult Christians

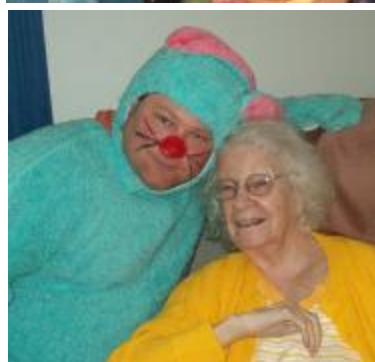


Big Meadows Highlights

Easter Egg Hunt



Friday, April 22nd we held our annual Easter egg hunt. We had a great turnout. Pictures: cookies Big Meadows made & provided for the children, kids patiently waiting to begin, younger age group picking up eggs, older age group during their egg hunt, one of the girls sitting on the Easter bunny's lap, two boys snapping a picture with the Easter bunny. Smooches for the Easter bunny from Carolyn Ferris, Dorothy Yates with the Easter bunny, and Gary Stephens, maintenance with the Easter bunny.



A big thank you to Ben & Mary Kay Reibel and Robert "Hooch" & Jackie Walker for their donations for the Easter egg hunt and Sandy Shaw from the Savanna Moose Lodge for donating candy.

Big Meadows Announcements

Mother's Day

Don't forget the Mother's Day Banquet, May 5 at 5 p.m. in the dining room. The menu will include: egg or chicken salad on a croissant, vegetable or broccoli and cheese soup, tossed salad, fresh fruit, and chocolate mousse. We hope to see you there!



WELCOME

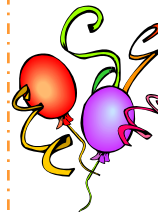
to Big Meadows:

- Artie Branson
- Catherine Campbell
- Charles Gilbert
- Olive Gilbert
- Donald Keller
- Robert Knuth
- Jerry Nielsen



May Birthdays

Residents:



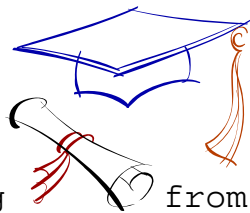
- 5 Betty Flammang
- 6 PJ Broderick
- 10 Olive Gilbert
- 15 Betty Shuey
- 17 Ralph Higgins
- 22 Roxanna Bos
- 22 James Bradley
- 28 Mae Robbe

Staff:

- 11 Lisa Mussmann
- 18 Jelena Runions
- 22 Kristy Vosberg
- 28 Mary Jane Jacobs

Congrats Graduates

We have three people graduating from High School. Courtney Gaul, Nursing, will be graduating from Fulton High School. And Megan Shepard, Dietary, and Dana McCombie, Dietary, will be graduating from West Carroll High School.

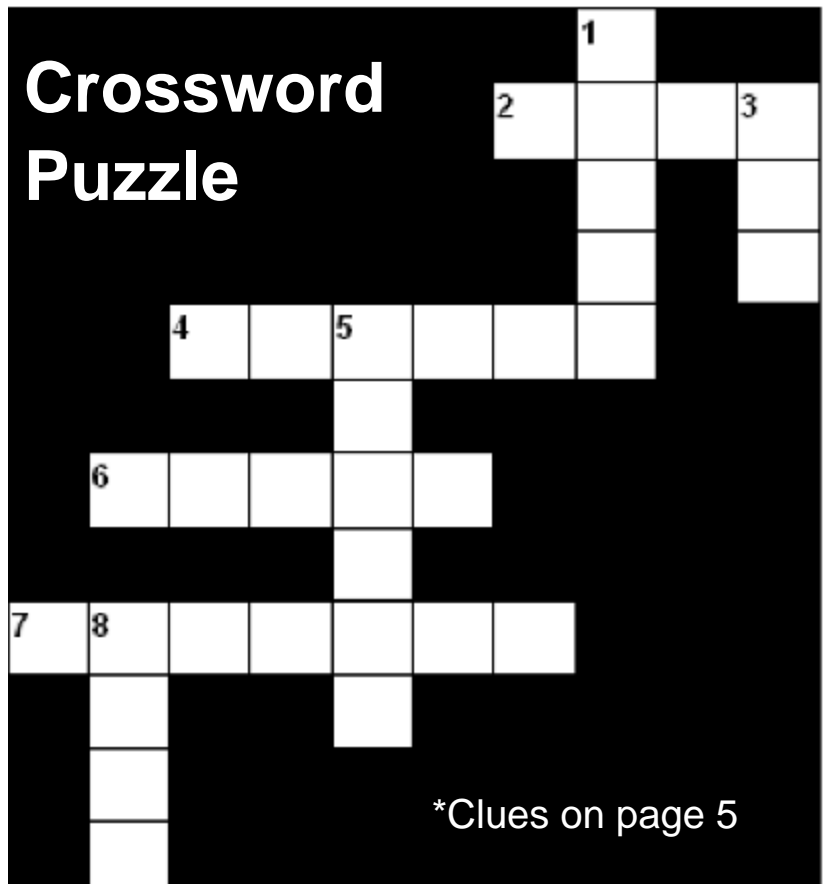


Warmer Days=Cool Treats

It's getting warmer, so please make sure your loved ones have money in their resident trust accounts. They can go for a scenic ride, get some fresh air, and stop to enjoy some ice cream.



Crossword Puzzle



*Clues on page 5

Big Meadows Announcements

National Nursing
Home Week May 8-14



Fulfilling
the Promise

This year's National Nursing Home Week theme - like the uniquely American phrase "life, liberty and the pursuit of happiness" - is all about living life to its fullest potential. We are familiar with the necessities of health care - e.g. medical treatments, nursing care, therapies and nutrition. What distinguishes long term and post-acute care from other health care settings is their focus on caring for the whole person.

"Fulfilling the Promise" means holistic care. This is seen when staff give comfort on difficult days, smile when sadness intrudes, hug when spirits sag, friendship to lighten a day, confidence when in doubt and companionship to counter fear and loneliness. "Fulfilling the Promise" produces meaningful, and most importantly, positive outcomes, satisfaction and an excellent working environment.

*Information taken from: http://www.ahcancal.org/events/national_nursing_home_week/Pages/Theme.aspx

Activities you're invited to:

Monday, May 9 we'll be having an ice cream social in the dining room at 3 p.m.

Tuesday, May 10 our monthly birthday party with Love & Care Gospel in the dining room at 2 p.m.

Wednesday, May 11 Community Coffee in the dining room at 9:30 a.m. the theme is jokes.

Friday, May 13 resident council will be having a bake sale during the Hot Dog Hurrah.

Across:

2. A greeting you post
4. Close relatives
6. Things you give
7. A bunch of _____.

Down:

1. Opposite of sad
3. Opposite of night
5. Female parent
8. Opposite of hate



Hot Dog Hurrah!

Friday, May 13 Big Meadows will be hosting their 15th annual Hot Dog Hurrah lunch. The cost is \$5.00 per lunch, carry out and delivery will be available. We will be serving/delivering from 10 a.m. - 1:30 p.m. The menu will include: hot dog, hamburger or cheeseburger, baked beans, chips, cookie, and a drink. Come on out, enjoy a lunch, visit with the residents, and get some goodies from the resident council bake sale.

Answers:

1. happy, 2. card, 3. day, 4. family,
5. mother, 6. gifts, 7. flowers, 8. love

Sun

Mon








Tue

Wed

Thu

Fri

Sat

1 D 2:00 Church Service (New Hope Assembly) A 3:00 Card Bingo L 4:00 Today In History	2 C 8:00 Music Time A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Leisure Interest and Outing Conversations	3 C 8:00 Music Time C 10:00 Rosary A 10:30 Exercise A 2:00 Movie Time L 4:00 Today In History A 6:00 Boss Dice	4 C 8:00 Movie Time A 10:30 Exercise A 2:00 Beat That Dice L 4:00 Today In History A 6:00 Bowling Dice 	5 C 8:00 Music Time C 10:30 National Day of Prayer Service A 10:30 Exercise C 12:00 Cinco De Mayo Taco Lunch C 2:00 Spa Day A 2:00 Movie Time D 5:00 Mother's Day Banquet 	6 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo	7 A 10:30 Exercise L 11:00 Today In History A 1:30 Resident Choice A 2:00 Movie Time
8 C 2:00 Church Service (Linda Parks) A 3:00 Card Bingo L 4:00 Today In History	9 C 8:00 Music Time A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 3:00 Ice Cream Social 	10 C 8:00 Music Time C 10:00 Rosary A 10:30 Exercise D 2:00 Birthday Party w/ Love and Care L 4:00 Today In History A 6:00 Hug Craft	11 C 8:00 Movie Time D 9:30 Community Coffee with jokes A 10:30 Exercise 11:00 McDonald's A 2:00 Banana Split Social to Honor Staff L 4:00 Today In History A 6:00 Smile Dice 	12 C 8:00 Music Time A 10:30 Exercise 11:00 Ezra Ranch ICP 2:00 What's Cooking (items for the bake sale) L 4:00 Today In History A 6:00 Dice Surprise 	13 A 10:30 Exercise L 11:00 Today In History 12:00 Hot Dog Luncheon D 2:00 Luck Themed Bingo D 2:30 Lucky Charm Social L 3:00 Red Bird Country All day 4 leaf clover hunt throughout the building	14 A 10:30 Exercise L 11:00 Did You Know A 1:30 Wii A 2:00 Movie Time
15 C 2:00 Church Service (Horizon Brewery) A 3:00 1,2,3 Cards L 4:00 Today In History	16 C 8:00 Music Time A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Food Advisory	17 C 8:00 Music Time C 10:00 Rosary A 10:30 Exercise C 12:40 KFC Order In A 2:00 Finkle L 4:00 Today In History A 6:00 Help Your Neighbor	18 C 8:00 Movie Time A 10:30 Exercise 11:00 Country Kettle A 2:00 Bible Study 2:40 Scenic Ride L 4:00 Today In History A 6:00 Don't Go To Jail 	19 C 8:00 Music Time A 10:30 Exercise 11:00 Sabata Cafe 2:00 Bairy Queen A 2:00 Flower Dice L 4:00 Today In History A 6:00 Dice 21 	20 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo	21 A 10:30 Exercise L 11:00 Today In History A 1:30 Play Nine A 2:00 Movie Time
22 C 2:00 Church Service (Pastor Mike Weg) A 3:00 Trivia L 4:00 Today In History	23 C 8:00 Music Time A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Quizz Sign Up	24 C 8:00 Music Time C 10:00 Rosary A 10:30 Exercise 12:00 Hot Dog Cookout A 2:00 Kismet L 4:00 Today In History A 6:00 Skip, Captain, and Crew	25 C 8:00 Movie Tim A 10:30 Exercise 11:00 Picnic: Old Mill A 2:00 Card Bingo 2:40 Bears and Ride L 4:00 Today In History A 6:00 Bowling Dice	26 C 8:00 Music Time A 10:30 Exercise 11:00 Brothers A 2:00 Memorial Day Service A 2:30 Scenic Ride L 4:00 Today In History A 6:00 Mayberry Madness	27 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo	28 A 10:30 Exercise L 11:00 Patriotic Dinner music A 1:30 Wii A 2:00 Movie Time
29 C 2:00 Church Service (Becky Voss) A 3:00 Surprise Game L 4:00 Today In History	30 C 8:00 Music Time A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Resident Council  Happy Memorial Day	31 C 8:00 Music Time C 10:00 Rosary A 10:30 Exercise A 2:00 Yaltzee L 4:00 Today In History A 6:00 Skunk Dice		May 2011 Big Meadows Activity Calendar		

Pinnacle Place Announcements



Wellness Program

Sandi Harper, Wellness Nurse will present a program on **Memory Loss** on **Monday May 9th at 2:30 p.m.** in the Gathering Room. Tenants, families and the community are welcome to this informational program.



EAGLES

Pinnacle Place tenants joined hundreds of thousands of people during the past couple of months that were watching the Decorah Eagles on ustream.com as the parent eagles sat on the 3 eggs, hatched 3 eagles, and now feeding the eaglets. The young eagles are growing quickly. Eagles are truly amazing birds.

Photo taken from ustream.com

SCRAMBLED WORDS

1. RHTMOES
2. NAEETVRS
3. FGSLA
4. MFLYA
5. FEASYT
6. OEMH
7. LAOSCL
8. EIUNHSSN

Answers can be found below.



Dale Longmire, Pinnacle Place Tenant & Veteran, next to the new flag pole that he donated to Pinnacle Place. Dale can now see the flag out his window. Pinnacle Place proudly displays the American flag.



Pinnacle Place wishes to thank all Veterans who have served our country in addition to those family members currently in the service. Take some time in May to Thank a Veteran & anyone serving Active Duty.

Pinnacle Place Veterans: Shorty Kosher, Dale Longmire, Gene Teeter, Bill Wacker

Pinnacle Place Family Members in the Service: Roger Blais (son of Aurora Blais, C.N.A.), Blaine Huston (son of Doris Huston, Tenant)


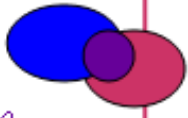




- ANSWERS:**
1. MOTHERS
 2. VETERANS
 3. FLAGS
 4. FAMILY
 5. SAFETY
 6. HOME
 7. SOCIAL
 8. SUNSHINE

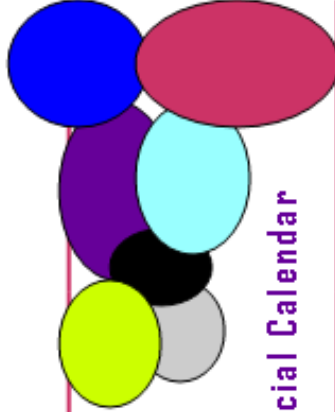
PINNACLE PLACE SUPPORTIVE LIVING FACILITY
CARE * COMPASSION * COMFORT * COST





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Game of Choice  May Day	2 10:30 Exercise 5:15 Bingo	3 10:30 Exercise 2:30 Cards	4 10:30 Exercise 2:30 Bowling Dice	5 9:00 Shop 10:00 Bible Study 2:00 Cinco de Mayo Fun & Games Nat'l Day of Prayer	6 10:30 Tai Chi 2:30 Cards 	7 5:15 Movie & Popcorn
8 10:00 Prayer Service Mother's Day 	9 10:30 Exercise 2:30 Wellness Program 5:15 Bingo	10 9:45 Fruits & Veggies 10:30 Exercise 2:30 Cards	11 10:30 Exercise 2:30 Name Three 	12 10:00 Bible Study 2:00 Arts & Crafts	13 10:30 Tai Chi 2:30 Cards 	14 5:15 Movie & Popcorn
15 10:00 Prayer Service 5:15 Bingo	16 10:30 Exercise 5:15 Bingo 	17 10:30 Exercise 2:30 Cards	18 10:30 Exercise 2:30 Spinner 	19 9:00 Shop 10:00 Bible Study 2:00 Scenic Ride	20 10:30 Tai Chi 2:30 Cards	21 5:15 Movie & Popcorn
22 10:00 Prayer Service 	23 10:30 Exercise 1:00 Resident Council 5:15 Bingo 	24 9:45 Fruits & Veggies 10:30 Exercise 2:30 Cards	25 10:30 Exercise 2:30 Dandy Lion Tea 	26 10:00 Bible Study 2:00 Military Memories 	27 10:30 Tai Chi 2:30 Cards	28 5:15 Movie & Popcorn
29 10:00 Prayer Service 5:15 Bingo Memorial Day 	30 10:30 Exercise 5:15 Bingo Memorial Day	31 10:30 Exercise 2:30 Cards				

May 2011





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Hot Dog	2 Turkey Sandwich	3 Hamburger	4 W/ Cheese Soup	5 Mexican Fiesta	6 Chicken Breast on Bun	7 Tuna Mac Salad
Baked Pork Chop	Chicken	Spare Ribs w/ sauerkraut	Turkey	Salmon	Roast Beef	BBQ Chicken
8 Potato Soup	9 Hot Beef Sandwich	10 Egg Salad Sandwich	11 Bacon Cheeseburger	12 Cod Filet	13 Italian Sub	14 Chili Dog
Chicken	Porcupine Meatballs	Baked Ham	BBQ Chicken	Pork Chop	Beef Enchiladas	Salisbury Steak
15 Hamburger	16 Fish Sandwich	17 Hot Ham & Cheese	18 Taco	19 Shaker Pork Sandwich	20 Cheeseburger	21 Liver Sausage Sandwich
Roast Pork	Wings & Drumsticks	Meatloaf	Sweet & Sour Shrimp	Breaded Pork Chop	Lasagna	Pepper Steak
22 Sloppy Joe	23 Brats	24 Monte Cristo	25 Tomato Soup & Sandwich	26 Ham & Cheese Roll-Ups	27 Reuben	28 Chef Salad
Chicken	Baked Ham	Beef Stroganoff	Roast Beef	Turkey Pot Roast	BBQ Pork Ribs	Catfish
29 Pizza	30 Italian Wedding Soup	31 Hot Dog				
Roast Beef	Chicken	Spaghetti & Meatballs				

May 2011

Pinnacle Place
Supportive Living Facility Menu

7-8:30 a.m.

11a.m.-Noon

4:30-5:30 p.m.



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From the residents and staff at
Big Meadows and Pinnacle Place